**What if all your clothes were shiny?**

Today we are going to be considering what if all your clothes were shiny? Think about the clothes that you are wearing now. The best materials for everyday clothes allow us to feel comfortable and move freely while keeping us warm or cool depending on the time of year.

Discuss with an adult what you think about having clothes that are all shiny.

Would this be good or not? Why? Would there be any benefits to having shiny clothes? Write your thoughts in the table below.

|  |  |
| --- | --- |
| Problems with shiny clothes | Benefits with shiny clothes |
|  |  |

Do you know what reflective clothing is?

There are occasions when clothes do need to be shiny or reflective. Clothes that are designed for cycling or running commonly feature reflective strips so that the wearer is more visible to drivers in cars. These reflective strips are made of tiny glass beads or plastic prisms that reflect light.

Can you think of any other items of clothing that are shiny? What are these made from?